

## Sports Premium Action Plan 2018-2019

### SP spending by Key Indicators

Key indicator	Actions to achieve	Cost (%)	Intended Impact	Evaluation (sustainability and next steps)
The engagement of all pupils in regular physical activity.	Collaborate with an external sports specialist to enhance lunchtime provision. Daily mile to be implemented into school life in years 3,4 and 5. Introduce Joe Wicks workouts in years 5 and 6. Look into collaborating with his live workout weeks.	£5,629 (28%)	Increased engagement in physical activity improves pupil health and fitness, social skills and emotional well-being. A more structured approach to lunchtime activity leads to improved behaviour and fewer behaviour incidents. Enhanced outdoor provision leads to relaxed, refreshed, recharged and ready to learn children. Children to be more aware of fitness and keeping their heart rate up for sustained periods of time.	Soccer 2000 have been planning and delivering activities on the playground or leading clubs (cross country and tag rugby). As a result, more children have been taking part in positive play and physical activities. Before school clubs to be introduced into the next academic year. Daily Mile was introduced but was not sustainable throughout the year due to timetable restrictions. New programme under discussion for next academic year. Relax Kids club for year 3 introduced and well attended. To continue. Workouts during PE lessons brought into Upper School and group exercise classes introduced during Health week. All children engaged and experiencing raised heart rate throughout. Good feedback from pupil voice. Lunchtime fitness club to be offered in the next academic year.
The profile of PE, sport, healthy lifestyles and healthy minds being raised across the school as a tool	Health Week activities and Healthy Schools Roadshow to provide children with high quality education about keeping themselves physically and mentally healthy.	£5,592 (28%)	Health week to educate children on food choices and managing emotions. Staff's and pupil's well-being to be catered for and increased.	Health week took place in Spring working alongside Chartwells and Art of Brilliance. As a result, children were able to experience and taste new healthy foods being provided in school

for whole school improvement.	<p>Mental Health assemblies (world mental health day).</p> <p>'Art of Brilliance' workshops with year 5 throughout the year leading to an accredited award for the school. Year 5 children to be in charge of making the school and pupils 'happy'.</p> <p>Working alongside Chartwells (catering supplier) throughout the year leading workshops and in health week to promote healthy eating.</p>		<p>Pupils demonstrate positive attitudes to health and well-being - both inside and outside of PE lessons - and can explain accurately and confidently how to keep themselves healthy. They make informed choices about healthy eating, fitness and their emotional well-being.</p>	<p>meals. Children are also progressing in being able to discuss their health in terms of physical lifestyles, emotional and mental well-being and diet. Continue with Health week next academic year and continue with focus on emotional and mental well-being. Outstandingly Happy school award was achieved by Uplands Junior School through 'Art of Brilliance'. First school in Wolverhampton to do so. Art of Brilliance strategies now disseminating throughout school. Headteacher continuing to work towards an accreditation for a mental well-being award for school. Monitored closely throughout the year. Mental health assemblies held throughout the year as whole school and individual classes. Children have a greater awareness on how to gain and maintain a positive mind-set and strategies to cope with stress and anxiety.</p>
Increased confidence, knowledge and skills of all staff in teaching PE and sport.	<p>Provide teachers with further CPD to enhance their confidence and knowledge when delivering and assessing sports</p> <p>Twilight sessions with Soccer 2000 on certain areas of the curriculum.</p>	£1,271 (7%)	<p>Staff are more confident and competent in terms of their knowledge and understanding of the PE curriculum. Enhanced quality of teaching, learning, delivery and assessment of PE leads to improved standards with greater and more rapid progress. Staff's well-being to be catered for and increased.</p>	<p>CPD sessions held x3 throughout the year with Soccer 2000 looking at the delivery of tri-golf, athletics and striking and fielding. Staff voice was positive, commenting on greater confidence to lead activities and having a knowledge on differentiating activities further. Continue with these CPD sessions next year looking at different areas of the curriculum.</p>

	Sports and PE lessons fully resourced for effective teaching and learning.		Staff to be fully aware of what children learn in lessons with Soccer 2000 and the expectations and impact of these lessons.	Staff wellbeing session during an ISET day was successful. Staff were able to choose to attend a Body Balance session or a leisurely walk through the park. Staff have asked for this to become a regular event. Sports equipment resourced and monitoring throughout the year. Well stocked and usable equipment.
Broader experience of a range of sports and activities offered to pupils	Pupils of all ages, abilities and interests are able to access a range of weekly after school clubs and lunchtime clubs Embed provision for Level 2 and 3 competition Resource and deliver Uplands School Games (sports days). Year 4 provided with 12-week swimming block. Children who have not achieved 25m by Spring term to be offered top-up lessons in Summer term.	£6,024 (31%)	Children of all abilities can access extra-curricular sporting provision, improving their health and fitness, social skills and emotional well-being Clearer talent pathways are available into an increased range of opportunities, so talent is nurtured and challenged and children can continue to excel.  Children to increase skill and confidence with in the water. Children build water safety skills. To increase percentage of children leaving Uplands able to swim 25m confidently and with a range of strokes.	A high range of school extra-curricular clubs were put on offer for all children which have been well attended. Before school clubs are to be introduced in September 2019. Clubs and competitions entered have been supported by local sports clubs, giving children an avenue for out of school clubs and progression. 452 participants taking part in clubs over the year but some children attended multiple clubs. Great success in level 2/3 competitions. See success in school prospectus, facebook page and website. As a result, more children wanting to be a part of teams and increased confidence of those children within teams. All children in year 4 provided with 10-week swimming block. As a result, children increasing confidence in the water and learning key water safety skills. Top-up swimming lessons were available to those Year 6 children who could not swim 25m unaided. 16 children were

				identified of which 15 attended the sessions in the summer term (view swimming data below). These top-ups to continue next academic year but allow for more sessions to be available (consider year 6 summer timetable).
Increased participation in competitive sport	<p>Enter G &amp; T gymnastics into regional British Gym competition</p> <p>Increase engagement through the continuation of B and C teams.</p> <p>Resource and organised school sports days with the house cup.</p> <p>Document achievements/events/participations throughout the year with children.</p>	£1,234 (6%)	<p>Children have access to a higher standard of inter-school competition in an increased range of opportunities. Consequently, they are challenged further in terms of ability, technique and competitive tactics. Children feel pride in representing a school team.</p> <p>Children celebrate a year of physical activity and competition and the school achieves Gold Sainsbury's School Games status (aspire for platinum).</p> <p>Clearer talent pathways are available into an increased range of opportunities, so talent is nurtured and challenged and children can continue to excel.</p>	<p>Great success in level 2/3 competitions. See success in school prospectus and website.</p> <p>Attended WASPs presentation evening to collect medals. Children presented with medals in assembly and final year assembly with parents. As a results, their success celebrated and children felt pride.</p> <p>On club letters, clear direction for local Wolverhampton clubs advertised for further progression and interest. Uplands have received Gold for a fifth year running for the School Games Mark and have now been able to apply for the Platinum award (first primary school in Wolverhampton).</p>
<b>Total Cost</b>		£19,750		
<b>Sports Premium</b>		£19,750		
<b>School Contribution</b>		£0		

Uplands Swimming data from the end of the last academic year.

% of Year 6 children who could swim competently, confidently and proficiently over a distance of 25 metres when they left Uplands at the end of the last academic year.	<b>84%</b>
% of Year 6 children who could use a range of strokes effectively when they left Uplands at the end of the last academic year.	<b>78%</b>